

## BRIDGE DUPLICATE - Sunday

Sanctioned A.C.B.L. duplicate bridge game for the experienced player. Light lunch. Partners are available for singles. On-going sessions year round, except for special events and holidays. Min-12;max-100

**Certified Director:** Dean Kogut

**Days:** Sundays

**Time:** 12:30-4:00pm

**Cost:** \$10 per person, payable at the door

For reservations call (561) 338-2995

## REALISTIC DRAWING/PAINTING INSTRUCTION

Learn the basic techniques essential to quality, realistic paintings. Study theory of light & shade, composition, proportion, and perspective. Students work in the medium of their choice. Instruction will also include the color wheel, color mixing and paint application. Min-5;max-15

**Instructor:** Arnold Moskowitz (561)443-0450

**Days:** Saturdays

**Time:** 12:30-2:30pm

**212421 A1 Session 1** Jan 29- Feb 19

*Reg begins 1/15*

**212421 A2 Session 2** Mar 5- March 26

*Reg begins 2/19*

**212421 A3 Session 3** April 9- April 30

*Reg begins 3/26*

**212421 A4 Session 4** May 14 - June 11

*Reg begins 4/30*

**Cost:** Per 4-week session Resident \$65 Non-resident \$81

No class 5/21

## MAH JONGG- (Beginner Level)

Keep your brain active and stimulated in this easy to learn class of Mah Jongg. This game is played with tiles and it takes calculation and luck to make a winning hand. The 2010 Mah Jongg Card is required to play. Min.-5; Max.-20

**Instructor:** Robin Tartarkin

**Days:** Tuesdays

**Time:** 3:30-5:30pm

**212413 A1 Session 1** Jan 4- Feb 8

*Reg begins 12/21*

**212413 A2 Session 2** Feb 22- April 5

*Reg begins 2/8*

**Cost:** Per 6-week session Resident \$72 Non-resident \$90

No class 3/15

## ADULT SELF HELP & FITNESS CLASSES

### PAST LIFE REGRESSION

This experience begins with an orientation regarding what regressions are all about. Participants do a past life regression, followed by a period of open discussion to share what was experienced. Bring a towel or blanket along with a writing instrument and tablet. Electronic devices are not allowed in class. Min-6;max-10

**Instructor:** Dr. Dorothy Mihalyfi

**Days:** Wednesdays

**Time:** 6:30-9:00pm

**212232 A1 Session 1** Mar 2

*Reg begins 2/16*

**Cost:** Per class Resident \$45 Non-resident \$56

### SELF-HEALING & PERSONAL EMPOWERMENT

Learn about the body's innate power to heal. Self-healing techniques will be introduced and applied. Techniques may include diaphragmatic breathing, self-hypnosis, self-acupressure and/or other interventions depending on the interests of the participants & progression of the class.

Min-6;max-10

**Instructor:** Dr. Dorothy Mihalyfi

**Days:** Wednesdays

**Time:** 6:30-8:30pm

**212217 A1 Session 1** Mar 9- Mar 23

*Reg begins 2/23*

**Cost:** Per 3-week session Resident \$40 Non-resident \$50

### STRETCHING THE MIND, STRETCHING THE BODY

Class consists of light Tai Chi & Yoga stretches, deep breathing exercises and progressive relaxation. It is designed to aid in the reduction of stress, pain of arthritis, back pain, osteoporosis symptoms and more. Facilitator is an experienced trained mediator.

Facilitator: Inge Erickson (561)477-8814

**Days:** Wednesdays

**Time:** 1:00-2:15pm

**Sessions** Jan 5- April 27 Registration is weekly, on site

**Cost:** \$5 per week

## CHILDREN, TEEN and FAMILY CLASSES

### KANGAROO BABIES (a Mommy & Me program)

Enhance your relationship with your tiny tot by sharing songs, parenting discussions, story time, and motor skills development activities. Instructor has a degree in early childhood development and over 17 years experience in working with children. Min-5;max-15

**Instructor:** Miss Lili

**Days:** Mondays (15 mos-2 yrs)

**Time:** 9:00-9:30am

**212003 A1 Session 1** Jan 3- Feb 14

*Reg begins 12/20*

**212003 A2 Session 2** Feb 28- April 4

*Reg begins 2/14*

**212003 A3 Session 3** April 18- May 23

*Reg begins 4/4*

**Cost:** Per 6-week session Resident \$70 Non-resident \$88

**Note:** 20% discount for second child.

No class 1/17

### KANGAROO KIDS (a Mommy & Me Program)

In this educational development class, we'll hop from one fun activity to the next while preparing your child for preschool. Highlights include age appropriate **ART PROJECTS, SONGS, DRAMATICS and STORY TIME.** Instructor has a degree in early childhood education. Min-5;max-15.

**Instructor:** Miss Lili

**Days:** Mondays

**Session 1** Jan 3- Feb 14

*Reg begins 12/20*

**212001 A1** (2-3yrs)

**Time:** 9:45-10:30am

**212002 A1** (3-5 yrs)

10:45-11:30am

**Session 2** Feb 28- April 4

*Reg begins 2/14*

**212001 A2** (2-3yrs)

**Time:** 9:45-10:30am

**212002 A2** (3-5 yrs)

10:45-11:30am

**Session 3** April 18- May 23

*Reg begins 4/4*

**212001 A3** (2-3yrs)

**Time:** 9:45-10:30am

**212002 A3** (3-5 yrs)

10:45-11:30am

**Days:** Tuesdays

**Session 1** Jan 4- Feb 22

*Reg begins 12/21*

**212004 A1** (2-3yrs)

**Time:** 10:00-10:45am

**212005 A1** (3-5yrs)

**Time:** 11:00-11:45am

**Session 2** Mar 1- April 19

*Reg begins 2/15*

**212004 A2** (2-3yrs)

**Time:** 10:00-10:45am

**212005 A2** (3-5yrs)

**Time:** 11:00-11:45am

**Session 3** April 26- May 31

*Reg begins 4/12*

**212004 A3** (2-3yrs)

**Time:** 10:00-10:45am

**212005 A3** (3-5yrs)

**Time:** 11:00-11:45am

**Cost:** Per 5 week-session Resident \$67 Non-resident \$84

Per 6-week session Resident \$80 Non-resident \$100

**Note:** Material Fee of \$10 per session is to be paid to instructor at first class. 20% discount for second child.

No class 1/11, 1/17, 2/8, 3/8, 3/15, 5/10

### TAP & BALLET

Your child's confidence, creativity, rhythm, coordination, strength, expression and discipline will develop in these classes. Students must be enrolled in Recital Session 1 to participate in recital taking place in June 2011. Min-4;max for age 3-4 (16),4-5 (16) and 6-8 yrs.(14)

**Instructor:** Miss Irene

**Days:** Thursdays

**Recital Session 2** Jan 27- March 24

*Registration begins 1/6- previously enrolled students / 1/13- new students*

**212020 A2** 3 1/2-4yrs **Time:** 10:15-10:55am

**212021 A2** 4 1/2 -5 yrs 3:30-4:10pm

**212022 A2** 6-8yrs 4:15-4:55pm

**Cost:** Per 8-week session Resident \$90 Non-resident \$113

**Note:** Students must be 3 years as of 12/31/10 to enroll in 3 1/2-4 year old session.

**Recital Session 3** Mar 31- June 5

*Registration begins 3/3- previously enrolled students / 3/10- new students*

**212020 A3** 3 1/2-4yrs **Time:** 10:15-10:55am

**212021 A3** 4 1/2 -5 yrs 3:30-4:10pm

**212022 A3** 6-8yrs 4:15-4:55pm

**Cost:** Per 11-week session Resident \$123.75 Non-resident \$155

**Note:** Students must be 3 years as of 12/31/10 to enroll in 3 1/2-4 year old session. No class: 3/17

[PROGRAMS, OPERATING HOURS, AND/OR PRICES SUBJECT TO CHANGE]

## G.L.A.M. (Girls Learning About Manners) Ages 7-12

Learn etiquette, manners and effective communication in a fun, creative way through child-friendly themes and interactive activities. Instructor is a Licensed Clinical Psychotherapist with more than 12 yrs of post-graduate experience working with children and adolescents. Min-6;max-20

**Instructor:** Shantelle Moxie, LCSW

**Days:** Thursdays

**212024 A1 Session 1** Jan 6- Feb 10

**212024 A2 Session 2** Feb 24- Mar 31

**212024 A3 Session 3** April 14- May 19

**Cost:** Per 6 week session Resident \$75 Non-resident \$94

**Time:** 4:00-5:00pm

*Reg begins 12/23*

*Reg begins 2/10*

*Reg begins 3/31*

## DANCING WITH "FUTURE STARS" Ages 7-17

Children learn basic Ballroom Dance including Latin Dance, Swing, Salsa, Waltz & Tango. Class offers aerobic exercise, balance techniques, styling and movement. No previous dance study required. Parents welcomed. Partners not required. Character shoes/ballroom leather sole shoes required. No shorts or sneakers.

**Instructors:** Susan and Arturo

**Day:** Mondays

**212039 A1 Session 1** Jan 10- Feb 14

**212039 A2 Session 2** Mar 7- April 4

**212039 A3 Session 3** April 18- May 16

**Cost:** Per 5-week session Resident \$60 Non-resident \$75

No class 1/17, 2/21

**Time:** 3:30-4:30pm

*Reg begins 12/27*

*Reg begins 2/21*

*Reg begins 4/4*

## REPURPOSED ADVENTURES IN THE STUDIO Ages 7-11

Recycle, reuse and reduce! Students are nurtured and encouraged to explore their inner emotions through the use recycled media as they learn about various techniques such as printmaking, sculpture, assemblage, collage, and more. Min-5;max-10

**Instructor:** Maria Saraceni

**Days:** Tuesdays

**212013 A1 Session 1** Jan 18- Feb 15

**212013 A2 Session 2** Mar 1- April 5

**212013 A3 Session 3** April 19- May 17

**Cost:** Per 5 week session Resident \$65 Non resident \$81

**Note:** \$20 Materials fee payable to the instructor

No class 3/15

**Time:** 4:15-5:45pm

*Reg begins 1/4*

*Reg begins 2/15*

*Reg begins 4/5*

## HIP HOP DANCE Ages 5-9

Learn choreographed warm ups, line dances and across the floor combinations. Routines will be performed on stage at Willow Theater in November and May. Build co-ordination and self esteem. Wear comfortable clothing and sneakers. Min-5;max-18

**Instructor:** Joy Deco and staff 954-971-9917

**Days:** Fridays

**212038 A1 Session 1** Jan 7- Feb 11

**212038 A2 Session 2** Feb 25- April 8

**212038 A3 Session 3** April 22- May 27

**Cost:** Per 6-week session Resident \$75 Non-resident \$94

No class 4/1

**Time:** 5:30-6:15pm

*Reg begins 12/24*

*Reg begins 2/11*

*Reg begins 4/8*

## **NEW!** BELLYDANCE FOR KIDS Ages 5-11

Students will perform musical routines that build their coordination, rhythm and timing while learning the moves and techniques of the ancient style of bellydancing. Students can purchase coin belts from instructor after first class for a small fee. End of year show for family and friends. Attire: Black leotard and black leggings with bare feet. Min-5;max-18

**Instructor:** Joy Deco and staff 954-971-9917

**Days:** Mondays

**212419 A1 Session 1** Jan 10- Feb 28

**212419 A2 Session 2** Mar 14- April 18

**Cost:** Per 6-week session Resident \$75 Non-resident \$94

No class 1/17, 2/21

**Time:** 5:30-6:15pm

*Reg begins 12/27*

*Reg begins 2/28*

## REALISTIC ART FOR CHILDREN (Drawing & Painting) Ages 7-12

Learn to work in graphite pencil from basic geometric shapes. Focus is on the theory of light & shade, perspective, composition & proportion. Students work in the painting medium of their choice. Painting instruction will include the color wheel and application of paint. Min-3;max-8

**Instructor:** Arnold Moskowitz (561)443-0450

**Days:** Saturdays

**212418 A1 Session 1** Jan 29- Feb 19

**212418 A2 Session 2** Mar 5- Mar 26

**212418 A3 Session 3** April 9- April 30

**212418 A4 Session 4** May 14- June 11

**Cost:** Per 4-week session Resident \$40 Non-resident \$50

No class 5/21

**Time:** 2:30-4:30pm

*Reg begins 1/15*

*Reg begins 2/19*

*Reg begins 3/26*

*Reg begins 4/30*

## TAE KWON DO Adult & Children ages 6 & up

Your child will learn the art of self-defense, discipline, self-confidence, self respect, respect for others, and get a great workout. Stay in shape with this Korean martial art. Instructor has over 20 yrs teaching experience with the City of Boca Raton. Min-5;max-40

**\*\*Students attend the Introduction class for one session only, then move to the Basic/Intermediate level.**

**Instructor:** Kathy Hussey

**\*\*Introduction:**

Tuesdays/Thursdays **Time:** 5:45-6:45pm

**Basic/Intermediate:**

Tuesdays/Thursdays 7:00-8:00pm

Saturdays

9:30-11:00am

8:15-9:15pm

**Advanced/Black Belt** Tuesdays

**212008 A1 Session 1** Jan 18- Mar 8

**212008 A2 Session 2** Mar 15- May 3

**Cost:** Per 8-week session Resident: \$95 Non-resident \$119

No class 4/2

*Reg begins 1/4*

*Reg begins 3/1*

## KINDERDANCE Ages 2-5

Kinderdance is a developmental dance and fitness program, placing special emphasis on children's self-esteem. Preschoolers learn the basics of ballet, tap, creative movement and gymnastics, while learning colors, shapes, numbers, songs & more. Adults wait outside the classroom. Kindertots Min-6;max-8; Kinderdance Min-6;max-12

**Instructor:** Miss Sara

**Days:** Thursdays

**212035** Kindertots Age 2

**212026** Kindertots Age 2

**212028** Kinderdance Age 3-5

**A1 Session 1** Jan 6- Mar 24

**A2 Session 2** April 7- May 12

**Cost:** Per 12-week session:

Kindertots: Resident \$120 Non-resident \$150

Kinderdance: Resident \$168 Non-resident \$210

Per 6-week session:

Kindertots: Resident \$60 Non-resident \$75

Kinderdance: Resident \$84 Non-resident \$105

**Time:** 9:30-10:00am

**Time:** 10:15am- 10:45am

**Time:** 11:00am-12pm

*Reg begins 12/23*

*Reg begins 3/24*

## KINDERMUSIK

Kindermusik International offers quality musical experiences for newborn thru 4 yrs old. Children and parents alike delight in singing, echoing back tones, chants and rhythm. Come explore dance movements, instruments and cultures from all over the world. Very academic, fun and interactive. Min-6;max-14

**Instructor:** Maestro Cathy

**Days:** Fridays

**212014** Village 12mos-24 mos

**212015** Our Time 16mos-30 mos

**212016** Imagine That 2 ½ yrs - 4 yrs

**212017** Young Village 0 - 14 mos

**A1 Session 1** Jan 7- Mar 25

**A2 Session 2** April 8- June 24

**Cost:** Per 12-week session Resident \$192 Non-resident \$240

**Note:** 20 % discount for second child.

Material fee of \$55-\$65 paid directly to instructor at first class

**Time:** 9:30-10:15am

10:30-11:15am

11:30-12:15pm

12:30-1:15pm

*Reg begins 12/24*

*Reg begins 3/25*

## PLAYBALL

Playball is a unique original sports and life-skills development program for both boys and girls. Classes are fun, age specific, limited in size, and non-competitive in nature. Sports skills include soccer, basketball, hockey, tennis, baseball and volleyball. Min-6;max-10

Coach: Playball certified coach

**Days:** Wednesdays

**212425 A1 Session 1** Jan 19- Mar 23

**212425 A2 Session 2** Mar 30- May 18

**Cost:** Per 8-week session Resident \$110 Non-resident \$138

**Note:** \$10 material fee that includes a Playball T-shirt is due on the first day of class.

No class 2/9, 3/16

## Ages 3-5

## SILLY SNACKS

**NEW!**

Children will learn how to create their own fun snack while sharpening their skills in reading, math, science, social and fine motors as well as learning basic kitchen safety and preparation. Jelly Milkshakes, Dirt Gardens, Whale Sundae are only a few recipes we will be sampling every week.

Min- 4;max-12

**Instructor:** Mellie Justad

**Days:** Thursdays

**212049 A1 Session 1** Feb 10- Mar 17

**212049 A2 Session 2** Mar 31- May 5

**Cost:** Per 6-week session Resident \$75 Non-resident \$94

**Note:** Price includes 2 snacks per class and a cookbook.

Please disclose any food allergies your child may have.

## Ages 5-7

## RAVENOUS FOR READING

**NEW!**

This is an interactive class that involves all 5 senses! Each week a humorous story is read followed by a correlating creative craft and snack. Projects are specifically designed to reinforce the story read. A variety of art mediums are used including: clay, paint, markers and a few "live" red wiggler worms.

Ages 5-6 min 4, max 12, Ages 7-9 min 4, max 15

**Instructor:** Mellie Justad

**Days:** Saturdays

**212040** Ages 5-6

**212041** Ages 7-9

**Session 1** A1 Jan 8- Feb 19

**Session 2** A2 Feb 26- April 9

**Session 3** A3 April 16- May 21

**Cost:** Per 6 week session Resident: \$75 Non-resident: \$94

**Note:** Cost includes materials for craft and snack.

Please disclose any food allergies you may have.

No class 1/15, 4/2

**Time:** 11:45am-12:45pm

**Time:** 12:45-1:45pm

*Reg begins 12/24*

*Reg begins 2/12*

*Reg begins 4/2*

## BABY SIGNS

## Ages Birth-30 months

**This is a parent class, babies are optional.** This presentation is specially designed for expectant parents and caregivers with children who are curious to find out more about how they can use baby sign language at home. We will cover: objectives, signing history, language development, NIH study summary, benefits of signing, practice signing & signing at home. Min-6; Max-15

**Instructor:** Tina Voci, Baby Signs Certified

**212011 A1** Jan 27 6:00-7:00pm *Reg begins 1/13*

**212011 A2** Feb 17 6:00-7:00pm *Reg begins 2/3*

**212011 A3** Mar 17 10:00-11:00am *Reg begins 3/3*

**212011 A4** April 9 10:00-11:00am *Reg begins 3/26*

**Cost:** Resident \$25 Non-resident \$31

**Note:** Pre-registration required at least 4 days in advance

## SPECIAL EVENTS

### SPRING CHILDREN'S FAIR

#### at Patch Reef Park

**TUESDAY, MARCH 15 • 10:00am-3:00pm**

Lots of fun for children ages 2-12

Enjoy the Spring Fair extravaganza while taking a break from school. There will be free entrance to the park, entertainment and arts & crafts. Individual ride tickets \$3.00 each or purchase a bracelet for \$15 and enjoy unlimited rides all day. Refreshments will be available for sale.

For information call (561) 367-7035

Inclement Weather Date Wednesday, March 16

### Previously Owned Treasure Sale

#### A Bargain Hunter's Delight

**Saturday, April 2 • 7:00-11:00am**

(Registration begins February 2)

Join the fun by shopping or selling those garage sale items that are too good to pass up. There's something for everyone. Rain or Shine. To reserve a table, please register in person at the James A. Rutherford Community Center. Tables: Indoor \$25 .Outdoor \$20. Come to shop. Entrance to the park is free! The park also offers a children's playground, fitness trail, tennis center, and picnic shelters. For more information please call (561) 367-7035

**NEW!**

### THEATER SERIES

#### "MARVELOUS MATINEES" DAY TRIPS

#### Lunch and a Matinee show 10:30am-5:00pm

Each trip includes transportation to & from Patch Reef Park, lunch & theater ticket. Prices vary according to production.

Register for one or for all. All matinees start at 2:00pm.

Lunch precedes the show at a popular restaurant nearby.

Registration for **ALL** shows begins December 1, 2010.

**Registration for all matinees take place at the James A. Rutherford Community Center**

**Seating is limited so register early!** Min-35;max-47

**Wednesday, January 5**

**112443-A1**

**"Beauty and the Beast" (Dreyfoos Concert Hall, WPB)**

Enjoy this smash hit Broadway musical featuring Academy Award-winning score from the feature film. The musical is the classic story of Belle, a young woman in a provincial town, and the Beast, who is really a young prince trapped in a spell placed by an enchantress. **Cost:** \$75 per person

**Wednesday, February 16**

**112444-A1**

**"Plaza Suite" (Broward Stage Door, Coral Springs)**

Hilarity abounds in this Neil Simon play about three couples successively occupying a suite at the Plaza Hotel.

**Cost:** \$63 per person

**Wednesday, March 9**

**112446-A1**

**"West Side Story" (Dreyfoos Concert Hall, WPB)**

An American musical based on William Shakespeare's Romeo & Juliet. Set in the mid 1950's, this musical, heralded as the greatest love story of all time, explores the rivalry between two teenage street gangs of different ethnic & cultural backgrounds.

**Cost:** \$75 per person

### ONLINE PROGRAM REGISTRATION

Online recreation program registration is now available to those who sign in as a Webtrac user. Go to <http://www.myboca.us/rec/webtrac.shtm> for instructions and a list of facilities.

