

# James A. Rutherford Community Center

Located in PATCH REEF PARK • 2000 Yamato Road, Boca Raton 33431 • (561) 367-7035

**Sharon Duke, CPRP, Recreation Center Supervisor II • Amanda Liebl, Youth Program Director**

Operating Hours: Monday-Friday 8:00 am-10:00 pm • Saturday 8:00 am – 5:00 pm • Sunday 10:00 am-5:00 pm

Registration is two weeks prior to a new session. **REGISTRATION IS FIRST COME-FIRST SERVED**

Fees must be paid in advance and are non-refundable.

Payment may be made by cash, checks, American Express, VISA, or Mastercard.

Children under 18 years may be registered ONLY by Parents or Legal Guardians.



This Park has been designated  
a Non-Smoking Park

## ADULT DANCE CLASSES

### BELLY DANCE WITH MAJA

All ages and shapes are welcome to learn this ancient form of dance. Classes help tone and firm muscles; improve flexibility, coordination and balance. Express the joy of dancing. It's fun and relaxing. Min-5;max-35

**Instructor:** Maja Yasmina

**Days:** Wednesdays

**212206 Beginners**

**212207 Intermediate**

**A1 Session 1** Jan 12- Feb 16

**A2 Session 2** Mar 2- April 6

**A3 Session 3** April 20- May 25

**Cost:** Per 6-week session Resident \$65 Non-resident \$81

**Time:** 5:30-6:30pm  
6:45-7:45pm

*Reg begins 12/29*

*Reg begins 2/16*

*Reg begins 4/6*



### LINE DANCE - (Beginner level)

(No partner necessary)

Learn the newest line dancing routines: Elvira, Country Boogie, Boot Scoot Boogie, Red Neck Girl, and the old favorite Electric Slide. Enjoy the exercise and the great music! Wear low-heel leather sole shoes. Min-4;max-25

**Instructor:** Norma Schneider

**Days:** Wednesdays

**212209 A1 Session 1** Jan 5- Feb 16

**212209 A2 Session 2** Mar 2- April 13

**212209 A3 Session 3** April 27- May 25

**Cost:** Per 6-week session Resident \$36 Non-resident \$45

**Cost:** Per 5-week session Resident \$30 Non-resident \$38

No class 2/9, 3/16

**Time:** 11:30am-12:30pm

*Reg begins 12/22*

*Reg begins 2/16*

*Reg begins 4/13*



### HULA - The Graceful Dance of Hawaii

Come learn the basic steps such as Vamps, Amis (hip circle) and hand movements. This exercise is very beneficial to hips and waist and there are **no age barriers.** Hele muai, Kakau e a"oiKa Hula" or come join us and learn the Hula. Min-4; max-25.

**Instructor:** Donna Flynn

**Days:** Mondays

**212210 A1 Session 1** Feb 7- Mar 21

**212210 A2 Session 2** April 4- May 9

**Cost:** Per 6-week session Resident \$45 Non-resident \$56

No class 2/21

**Time:** 9:30-10:30am

*Reg begins 1/24*

*Reg begins 3/21*

### TAHITIAN WORKSHOP

Tahitian dance is a strenuous-hypnotic dance, good for the figure and a great deal of fun. Movements are from the waist down, while the waist remains stationary. Tahitian beginning steps are amis, hits and double hits. Min-4;max 25

**Instructor:** Donna Flynn

**Days:** Tuesdays

**212411 A1 Session 1** Feb 8- Mar 1

**212411 A2 Session 2** April 12- May 3

**Cost:** Per 4-week session Resident \$40 Non-resident \$50

**Time:** 2:00-2:45pm

*Reg begins 1/25*

*Reg begins 3/29*

### LINE DANCING WITH NORMA

(Intermediate/advanced level)

Learn the newest line dancing routines Rock'n Roll, Mony Mony, Be Bop a Lu La, Waltz, King of the Road, Cha Cha Cha and of course the old favorite Electric Slide. Wear comfortable clothes and shoes. No partner needed. Min-4;max-25

**Instructor:** Norma Schneider

**Days:** Tuesdays

**212208 A1 Session 1** Jan 11- Feb 15

**212208 A2 Session 2** Mar 1- April 12

**212208 A3 Session 3** April 26- May 24

**Cost:** Per 6-week session Resident \$36 Non-resident \$45

**Cost:** Per 5-week session Resident \$30 Non-resident \$38

No class 3/15

**Time:** 1:00-2:00pm

*Reg begins 12/28*

*Reg begins 2/15*

*Reg begins 4/12*



### INTRODUCTION TO FLAMENCO DANCING

Beginners learn the basic Flamenco techniques including posture, hand and arm movement and footwork. Learn to dance Sevillanas, one of the most popular dances of Andalusia, and a funny Rumba Flamenca choreography that can be performed solo, with a partner or in a group. No partner is necessary. Min-5;max 20

**Instructor:** Silvia Sanchez

**Days:** Wednesdays

**212226 A1 Session 1** Jan 5- Feb 2

**212226 A2 Session 2** Feb 23- Mar 30

**212226 A3 Session 3** April 13- May 11

**Cost:** Per 5-week session Resident \$75 Non-resident \$94

**Time:** 9:30-11:00am

*Reg begins 12/22*

*Reg begins 2/9*

*Reg begins 3/30*

**Days:** Fridays

**212428 A1 Session 1** Jan 7- Feb 4

**212428 A2 Session 2** Feb 18- Mar 18

**212428 A3 Session 3** April 8- May 6

**Cost:** Per 5-week session Resident \$75 Non-resident \$94

No class 2/9, 3/16

**Time:** 7:00pm-8:30pm

*Reg begins 12/22*

*Reg begins 2/4*

*Reg begins 3/25*

## ADULT SPECIAL INTEREST CLASSES

### TAE KWON DO Adult & Children ages 6 & up

Learn the art of self-defense, discipline, self-confidence, self-respect, respect for others and get a great workout. Stay in shape with this Korean martial art. Instructor has over 20 yrs teaching experience within the City. Min-5;max-40

**\*\*Students attend the Introduction class for one session only, then move to the Basic/Intermediate level.**

**Instructor:** Kathy Hussey

**Introduction:** Tuesdays/Thursdays

**Basic/Intermediate:** Tuesdays/Thursdays

Saturdays

**Time:** 5:45-6:45pm

7:00-8:00pm

9:30-11:00am

8:15-9:15pm

**Advanced/Black Belt:** Tuesdays

**212211 A1 Session 1** Jan 18- Mar 8

**212211 A2 Session 2** Mar 15- May 3

**Cost:** Per 8-week session Resident \$95 Non-resident \$119

No class 4/2

*Reg begins 1/4*

*Reg begins 3/1*



[PROGRAMS, OPERATING HOURS, AND/OR PRICES SUBJECT TO CHANGE]

12 [www.ci.boca-raton.fl.us](http://www.ci.boca-raton.fl.us)

THE RECREATOR

Winter 2011

## BRIDGE DUPLICATE - Sunday

Sanctioned A.C.B.L. duplicate bridge game for the experienced player. Light lunch. Partners are available for singles. On-going sessions year round, except for special events and holidays. Min-12;max-100

**Certified Director:** Dean Kogut

**Days:** Sundays

**Time:** 12:30-4:00pm

**Cost:** \$10 per person, payable at the door

For reservations call (561) 338-2995

## REALISTIC DRAWING/PAINTING INSTRUCTION

Learn the basic techniques essential to quality, realistic paintings. Study theory of light & shade, composition, proportion, and perspective. Students work in the medium of their choice. Instruction will also include the color wheel, color mixing and paint application. Min-5;max-15

**Instructor:** Arnold Moskowitz (561)443-0450

**Days:** Saturdays

**Time:** 12:30-2:30pm

**212421 A1 Session 1** Jan 29- Feb 19

*Reg begins 1/15*

**212421 A2 Session 2** Mar 5- March 26

*Reg begins 2/19*

**212421 A3 Session 3** April 9- April 30

*Reg begins 3/26*

**212421 A4 Session 4** May 14 - June 11

*Reg begins 4/30*

**Cost:** Per 4-week session Resident \$65 Non-resident \$81

No class 5/21

## MAH JONGG- (Beginner Level)

Keep your brain active and stimulated in this easy to learn class of Mah Jongg. This game is played with tiles and it takes calculation and luck to make a winning hand. The 2010 Mah Jongg Card is required to play. Min.-5; Max.-20

**Instructor:** Robin Tartarkin

**Days:** Tuesdays

**Time:** 3:30-5:30pm

**212413 A1 Session 1** Jan 4- Feb 8

*Reg begins 12/21*

**212413 A2 Session 2** Feb 22- April 5

*Reg begins 2/8*

**Cost:** Per 6-week session Resident \$72 Non-resident \$90

No class 3/15

## ADULT SELF HELP & FITNESS CLASSES

### PAST LIFE REGRESSION

This experience begins with an orientation regarding what regressions are all about. Participants do a past life regression, followed by a period of open discussion to share what was experienced. Bring a towel or blanket along with a writing instrument and tablet. Electronic devices are not allowed in class. Min-6;max-10

**Instructor:** Dr. Dorothy Mihalyfi

**Days:** Wednesdays

**Time:** 6:30-9:00pm

**212232 A1 Session 1** Mar 2

*Reg begins 2/16*

**Cost:** Per class Resident \$45 Non-resident \$56

### SELF-HEALING & PERSONAL EMPOWERMENT

Learn about the body's innate power to heal. Self-healing techniques will be introduced and applied. Techniques may include diaphragmatic breathing, self-hypnosis, self-acupressure and/or other interventions depending on the interests of the participants & progression of the class.

Min-6;max-10

**Instructor:** Dr. Dorothy Mihalyfi

**Days:** Wednesdays

**Time:** 6:30-8:30pm

**212217 A1 Session 1** Mar 9- Mar 23

*Reg begins 2/23*

**Cost:** Per 3-week session Resident \$40 Non-resident \$50

### STRETCHING THE MIND, STRETCHING THE BODY

Class consists of light Tai Chi & Yoga stretches, deep breathing exercises and progressive relaxation. It is designed to aid in the reduction of stress, pain of arthritis, back pain, osteoporosis symptoms and more. Facilitator is an experienced trained mediator.

Facilitator: Inge Erickson (561)477-8814

**Days:** Wednesdays

**Time:** 1:00-2:15pm

**Sessions** Jan 5- April 27 Registration is weekly, on site

**Cost:** \$5 per week

## CHILDREN, TEEN and FAMILY CLASSES

### KANGAROO BABIES (a Mommy & Me program)

Enhance your relationship with your tiny tot by sharing songs, parenting discussions, story time, and motor skills development activities. Instructor has a degree in early childhood development and over 17 years experience in working with children. Min-5;max-15

**Instructor:** Miss Lili

**Days:** Mondays (15 mos-2 yrs)

**Time:** 9:00-9:30am

**212003 A1 Session 1** Jan 3- Feb 14

*Reg begins 12/20*

**212003 A2 Session 2** Feb 28- April 4

*Reg begins 2/14*

**212003 A3 Session 3** April 18- May 23

*Reg begins 4/4*

**Cost:** Per 6-week session Resident \$70 Non-resident \$88

**Note:** 20% discount for second child.

No class 1/17

### KANGAROO KIDS (a Mommy & Me Program)

In this educational development class, we'll hop from one fun activity to the next while preparing your child for preschool. Highlights include age appropriate **ART PROJECTS, SONGS, DRAMATICS and STORY TIME.** Instructor has a degree in early childhood education. Min-5;max-15.

**Instructor:** Miss Lili

**Days:** Mondays

**Session 1** Jan 3- Feb 14

*Reg begins 12/20*

**212001 A1** (2-3yrs)

**Time:** 9:45-10:30am

**212002 A1** (3-5 yrs)

10:45-11:30am

**Session 2** Feb 28- April 4

*Reg begins 2/14*

**212001 A2** (2-3yrs)

**Time:** 9:45-10:30am

**212002 A2** (3-5 yrs)

10:45-11:30am

**Session 3** April 18- May 23

*Reg begins 4/4*

**212001 A3** (2-3yrs)

**Time:** 9:45-10:30am

**212002 A3** (3-5 yrs)

10:45-11:30am

**Days:** Tuesdays

**Session 1** Jan 4- Feb 22

*Reg begins 12/21*

**212004 A1** (2-3yrs)

**Time:** 10:00-10:45am

**212005 A1** (3-5yrs)

**Time:** 11:00-11:45am

**Session 2** Mar 1- April 19

*Reg begins 2/15*

**212004 A2** (2-3yrs)

**Time:** 10:00-10:45am

**212005 A2** (3-5yrs)

**Time:** 11:00-11:45am

**Session 3** April 26- May 31

*Reg begins 4/12*

**212004 A3** (2-3yrs)

**Time:** 10:00-10:45am

**212005 A3** (3-5yrs)

**Time:** 11:00-11:45am

**Cost:** Per 5 week-session Resident \$67 Non-resident \$84

Per 6-week session Resident \$80 Non-resident \$100

**Note:** Material Fee of \$10 per session is to be paid to instructor at first class. 20% discount for second child.

No class 1/11, 1/17, 2/8, 3/8, 3/15, 5/10

### TAP & BALLET

Your child's confidence, creativity, rhythm, coordination, strength, expression and discipline will develop in these classes. Students must be enrolled in Recital Session 1 to participate in recital taking place in June 2011. Min-4;max for age 3-4 (16),4-5 (16) and 6-8 yrs.(14)

**Instructor:** Miss Irene

**Days:** Thursdays

**Recital Session 2** Jan 27- March 24

*Registration begins 1/6- previously enrolled students / 1/13- new students*

**212020 A2** 3 1/2-4yrs **Time:** 10:15-10:55am

**212021 A2** 4 1/2 -5 yrs 3:30-4:10pm

**212022 A2** 6-8yrs 4:15-4:55pm

**Cost:** Per 8-week session Resident \$90 Non-resident \$113

**Note:** Students must be 3 years as of 12/31/10 to enroll in 3 1/2-4 year old session.

**Recital Session 3** Mar 31- June 5

*Registration begins 3/3- previously enrolled students / 3/10- new students*

**212020 A3** 3 1/2-4yrs **Time:** 10:15-10:55am

**212021 A3** 4 1/2 -5 yrs 3:30-4:10pm

**212022 A3** 6-8yrs 4:15-4:55pm

**Cost:** Per 11-week session Resident \$123.75 Non-resident \$155

**Note:** Students must be 3 years as of 12/31/10 to enroll in 3 1/2-4 year old session. No class: 3/17

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